

FOR IMMEDIATE RELEASE



Contact: Bonnie Gonzalez
Communications Coordinator
bgonzalez@cityofdrippingsprings.com
512-858-4725

Healthy Parks, Healthy People program returns for November event

DRIPPING SPRINGS, TEXAS – October 16 – After taking a break over the summer, the City of Dripping Springs’ Healthy Parks, Healthy People program will reconvene in November with a mountain bike event for all ages.

The 2nd Annual Mountain Bike Mash Up and Swap Meet, organized by the Dripping Springs Mountain Bike Team in partnership with the City of Dripping Springs will take place on Sunday, November 5. The event will be held at Dripping Springs Ranch Park from 10 a.m. to 2 p.m. Members of the Dripping Springs Mountain Bike Team will be on hand to perform bike safety checks, teach some new skills and lead rides on the trails at the park. All ages and experience levels, whether beginner or novice, are welcome to attend

For the swap portion of the event, cyclists can bring that bike that is gathering dust in the corner of the garage, camping gear or any other assorted outdoor sporting equipment to sell or trade. The swap meet will be held rain or shine inside DSRP’s event center. As with any HPHP event, there is no cost to participate in any of the activities. Attendees will also have the final chance at putting their name in the hat for a Yeti cooler generously donated by Five Star ER. The drawing will be held during the event.

About Healthy Parks, Healthy People

The goal of the City of Dripping Springs’ Healthy Parks, Healthy People program is to showcase the city’s five parks and share everything they have to offer by hosting a monthly event.

Participants also receive a Healthy Parks, Healthy People punch card that they can get stamped each time they attend an event. After five punches, participants have a shot at winning a special prize like a Yeti cooler, donated by our sponsor, Five Star ER. LockTite Storage in Dripping Springs is also a sponsor.